

THE COMEBACK IS GREATER THAN THE SETBACK

SPRING & SUMMER 2021



Hello Friends of the Youth Bureau,

First and foremost, we hope that you and your loved ones are safe and healthy. We have received questions from the community about if and how COVID-19 will change this year's spring and summer programming. We know this outbreak has been stressful to many and recognize that exercising and participating in activities can be a healthy way to cope with stress and connect with our community. After careful thought and planning, we are excited to let you know that we plan to resume certain programs while following CDC and NYSDOH guidelines to protect our community.

The health and safety of our youth, staff, and community remain our highest priority. Below, you will find a summary of actions we are taking to help ensure we are lowering COVID-19 risk as much as possible while also allowing our youth to play. We are:

- *Intensifying cleaning and disinfection within our facilities and premises by cleaning and disinfecting frequently touched surfaces in park facilities between uses, cleaning and disinfecting shared objects and equipment between use, and ensuring safe and correct use and storage of disinfectants.*
- *Reducing physical closeness or contact between people when possible by keeping children in small groups, staggering arrival and drop off times, putting signs and tape on floors or playing fields to ensure that coaches and players stay 6 feet apart, discouraging unnecessary physical contact, such as high-fives, handshakes, fist bumps, and hugs, and using our online registration system for highly attended facilities and programs like Wickwire Pool and our youth athletic programs.*
- *Promoting healthy hygiene practices such as providing hand sanitizer before and after programs and games, encouraging children to cover coughs and sneezes with a tissue or to use the inside of their elbow, and encouraging the use of masks when in close proximity to others.*
- *Limiting the sharing of equipment and providing each participant their own items necessary to participate when possible.*

Anyone who is sick or has been in contact with someone who has COVID-19 should not attend programs, visit any parks or park facilities, and should stay home. Be on the lookout for symptoms of COVID-19, which include fever, cough, or shortness of breath. Call your doctor if you think you or a family member is sick.

If someone does get sick during a program or at our facilities we have plans in place to isolate and transport that person to their home or healthcare facility if needed. If you have a specific question about this plan or COVID-19, please contact John McNerney or Andrea Piedigrossi for more information. You can also find more information about COVID-19 at www.cdc.gov. We are excited to get back into the parks with you all, but please be patient as we implement the new guidelines and policies in place by NYSDOH and the CDC.

We look forward to seeing you in the parks this summer. Now, let's play!

New COVID Guidelines and Practices for 2021



Masks are required inside all facilities, on the pool deck and beach, and anywhere you can not maintain 6' of distance from others. While in the water masks are not permitted. Children 2 and under are not required to wear masks.



Maintain social distance of at least six feet among individuals.

Gatherings should be kept to a maximum of 10 people per group.

COVID screenings will be performed before you enter Wickwire Pool, Yaman Beach, and any other CYB program provided where community members are in close contact with each other. Screenings include, but not limited to: temperature checks and COVID questionnaires.

Hand sanitizer will be made available at all CYB programs and facilities. Participants are required to utilize hand sanitizer before they enter any program or facility.



social distance 6 feet



OUR MISSION The CYB will provide our community the opportunity to participate in a wide variety of recreational and educational programs. We will strive to provide the highest quality programs and facilities that meet the needs of the diverse community we serve. It is our desire to combine a positive environment with a rewarding experience.

OUR VISION We will enhance healthy and active lifestyles while connecting more people to parks, programs and youth services. We will do this through stewardship of public resources and by providing programs and spaces to fulfill unmet needs.

Spring & Summer 2021

Youth Bureau Office

35 Port Watson Street
Cortland, New York 13045
607-753-3021
Hours: 8:30am - 4:00pm

Youth Center

35 Port Watson Street
Cortland, New York 13045
607-753-3580
Hours: See monthly calendar

cortlandyb.recdesk.com

[Facebook: Cortland Youth Bureau](https://www.facebook.com/CortlandYouthBureau)



OUR STAFF

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LIFEGUARDS NEEDED

no training? no problem!

The Cortland Youth Bureau is looking for lifeguards for the 2021 summer season. If you don't have a lifeguard certification we'll help you get one!

Contact Andrea or John at the CYB
andrea@cortland.org
mcnerney@cortland.org

The Cortland YMCA will offer lifeguard certification courses. The course will be both online and in person on May 7, 8, 9.

Lifeguard positions begin in May and run through August at Wickwire Pool and Yaman Beach.



AQUATICS

wickwire pool, yaman beach, & splash pad

Wickwire Pool

COVID Registration Procedure

1. Visit cortlandyb.recdesk.com
2. Log in or create your account
3. Select the date and time of your desired visit, example: 07021430

07	02	1430
month	day	military time
July	2	2:30pm

4. Register EACH member of your family who will be visiting the pool for your desired time slot.
5. There is no fee to visit Wickwire, but you must check out to finalize your reservation. **You will receive a confirmation email confirming your visit.**

- One time slot per person, per day
- Available daily swim times:
 - 12:00pm-2:00pm (military time: 1200)
 - 2:30pm-4:40pm (military time: 1430)
 - 5:00pm-7:00pm (military time: 1700)



YAMAN BEACH

First Come, First Serve

May 29 - August 22

WICKWIRE POOL

By Reservation Only

June 26 - August 28

SPLASH PAD

Opening Mid May

SWIM DIAPERS Any child that is not completely potty trained must wear an approved swim diaper while swimming in our facilities. To avoid pool closure and/or the cancellation of your swim session, please remember to have your child visit the restroom periodically throughout your swim time.

WEATHER POLICY Wickwire Pool, Yaman Beach, and the splash pad will close immediately at the sound of thunder or the sight of lightening. The facilities will remain closed for 30 minutes after the last sounds of thunder or the sight of lightning. The facility will also close in the event of heavy rain which impedes the lifeguards sight of the swimmers.

there will be no 'red cross learn to swim' lessons this year due to covid restrictions



fun for tots

spring & summer edition

Wednesday's

10:00am - 11:30am

Toddlers ages 0-4

Register at cortlandyb.recdesk.com

Story Time with Miss Tammy

Court House Park beginning May 4
(weather permitting)

Masks and Social Distancing Required!

Contact the library with any questions (607) 753-1043

Babytime

Tuesdays at 10:30 a.m.

Ages 0-2

Bring your own lawn chair

Preschool Story Time

Thursdays at 10:30 a.m.

Ages 3-5

Bring your own blanket



Cortland Free Library
Books are just the beginning!



Email: CNYPremierInstruction@gmail.com
Phone Number: (315) 378-5754



TINY TWIGS

AGES 2-4 YEARS OLD
BOYS AND GIRLS

An intro lacrosse program for the littlest laxers with Coach CJ Nye. This is a great opportunity for your child to learn the fundamentals of lacrosse, simple footwork and get a stick in their hand!

\$30 for three 30 minute sessions

A stick will be provided for your player!

RANDALL FIELD
5:00-5:30 PM
JULY 5TH, 12TH AND 19TH

[REGISTER ONLINE](#)

JR TIGER BASEBALL CAMP

JULY 12 - JULY 15

THE CAMP WILL BE HELD AT TESTA PARK
AND WILL RUN FROM 9AM UNTIL NOON.
REGISTRATION WILL BEGIN MAY 1 AT THE
CYB OFFICE ONLY, NOT ONLINE.

CONTACT CHS VARSITY COACH BEN
ALBRIGHT FOR INFO:

BALBRIGHT@CORTLANDSCHOOLS.ORG



SCOTT'S PITCH, HIT & RUN AND JR. HOME RUN DERBY

Major League Baseball has teamed up with the CYB to offer local youth the opportunity to showcase their skills. Boys and girls ages 7-14 are welcome to participate in the baseball and softball skills competition to be held on June 13 at Gutches Lumber Sports Complex. Registration begins at 11:30am, while the competition will begin at noon. Batting, pitching, and base running will be judged for the competition.



CCYSA

Cortland County Youth Soccer Association, in partnership with the CYB, is offering an instructional and recreational league to introduce and develop soccer skills. Designed for boys and girls ages 5-12, sign ups begin in early May and close early June. Teams will be formed and league play will begin mid July. Separate boys and girls divisions are available. A scholastic division for high school aged players will run if there are enough teams.

Register online at the CYB website: cortlandyb.recdesk.com



THE UPSTATE LACROSSE ASSOCIATION IS ONE OF THE LARGEST YOUTH LACROSSE LEAGUES IN THE UNITED STATES. THE LEAGUE PROVIDES AN EXCELLENT OPPORTUNITY FOR ITS YOUTH TO LEARN AND DEVELOP THEIR SKILLS, PLAY ORGANIZED COMPETITIVE GAMES AND HAVE FUN PLAYING LACROSSE WITH THEIR PEERS. THE HCYLA WILL BE FIELDING TEAMS FOR BOYS AND GIRLS IN GRADES 3-8. PRACTICES BEGIN IN MAY. REGISTER ONLINE

CORTLANDYB.RECDESK.COM

YOUTH SERVICES

The Youth Services division of the Cortland Youth Bureau promotes positive youth development by providing recreational, cultural, and educational opportunities for teens and pre-teens. Staff members also offer informal counseling and referrals to other service agencies in the community. Overall, the multi-faceted program encourages kids to engage in productive behaviors, establish healthy beliefs, and maintain clear standards for themselves and their peers. This holistic approach to youth development helps our young people build the assets they need to carry them into adulthood.

A Special Thank you to the New York State Office of Children & Family Services for helping sponsor the Youth Services Division.

Age Requirements

The Center welcomes 11-12 year olds or those in 5th and 6th grades to attend from 3-6pm on weeknights. Those 13-18 or in 7th-12th grades are welcome to attend the Center during all open hours.

Hours

Monday-Friday 3:00-8:00pm. Check out our monthly calendar for Saturday hours and events!

Located in downtown Cortland at 35 Port Watson Street, the Youth Center offers a huge variety of programs and events for young people: Field trips, game tournaments, tutoring, guest speakers, music lessons, artwork, craft projects, cooking classes, free dinners, job-search assistance, volunteer opportunities, and more. The facility itself is equipped with pool, ping-pong, and foosball tables; a full kitchen; a music room with guitars, amps, and a full drum-kit; a sound stage and DJ booth; and closets full of board games and craft supplies. There are always responsible, caring staff members on the premises to play games with you, help with your homework, or connect you with other service agencies if you need them. For more information, give the Center staff a call at 753-3580.



Youth Center Opportunities Our staff work hard to ensure that we offer something for everyone at the Youth Center. Many of the ideas for our programs come from teens and their parents. If you have an idea of a program or event that you would like to see offered in Cortland please share it with us. We strive to offer relevant and exciting programming for all youth in our community.

Like Us On Facebook to stay updated on our events!

Cortland Youth Center

Music Lessons

Would you like to learn to play the guitar, bass, or drums? Professional musician Sean Tuohy will provide weekly half-hour lessons in the fully equipped music room. Reduced rates are available for students that are income eligible. Donations of instruments are welcome, as well as monetary contributions for student scholarships.

Music Matters Program

The Cortland Youth Center gladly offers a program to loan out musical instruments for a 3-month period for FREE. We currently have guitars, amps, electric keyboards, and a drum set. This program allows each student to not only learn the instrument but also decide if he/she would like to pursue playing it before actually purchasing one!

End of the School Year Party

Come and celebrate at the Youth Center for our annual End of the School Year Party! We will be hosting an end of year party on June 25th from 5pm-8pm.

Youth Center Garden

Our Youth Center garden is located at Beadury Park. Through this program, kids and staff work hard from spring to fall participating in seed planting, plant transfer, garden maintenance, and using the produce we grow in our kitchen program at The Youth Center. There is always plenty to do and if interested in helping contact the Youth Center.

Cortland Prom Closet

Prom season is just around the corner! The CYB Youth Center will be continuing our very successful prom dress collection and donation efforts. Gowns are available for students with a valid high school ID. Due to Covid, those wishing to look at dresses need to call and make an appointment. Please call 753-3021 ext 426 or feel free to leave us a message on our Cortland Youth Center Facebook page. Community members interested in donating formal wear or accessories can drop items off during regular business hours at the CYB main office or the CYB Teen Center. We thank all who has contributed to this program in the past and who are thinking about contributing in the future.

Youth Center Calendar/Newsletter

The Youth Center's monthly activity calendar is always posted at the Center, but you can also have it mailed directly to your house. The calendar is printed and mailed around the first of every month and it lists all of the Center's upcoming field trips, tournaments, concerts, fundraisers, etc. It also features information about special events, interesting people, and other community agencies that offer services for youth. Give the Center a call to get your name on the mailing list.

We Are Here for Everyone

All of the Youth Services programs and activities can accommodate people with special needs. Staff members are prepared to offer extra assistance if needed. On field trips, every effort will be made to include all youths in activities, and open spots can be added to accommodate a trained professional assistant or caseworker. Parents should feel free to discuss their child's needs with Youth Center staff members.

Volunteer Incentive Program

Kids who do community service or help with tasks at the Youth Center can turn their time into money -- not cash, but discounts on the Center's field trip and program fees. For every hour a youth spends volunteering, the Center will take \$5.00 off the price of a field trip or program. Kids can use their service credits immediately or save them up for later use. Credits earned and used are recorded in a logbook. For those interested in earning credits around town, a handy guide is available which lists the contact information for local agencies and businesses in need of volunteers. Youth Center staff can also help place teens with agencies who need volunteers.

Youth Center Kitchen

If you like to cook (or if you just like to eat), then stop by the Youth Center on weeknights around suppertime. Once or twice a week, we cook up a full dinner for all to enjoy. The meals are always free. Kids are welcome to help with the cooking under the supervision of staff. We also offer periodic cooking classes and theme nights, so keep your eye on the calendar. The Youth Center kitchen operates under strict Health Department guidelines and is regularly cleaned and inspected.