### **OUR MISSION...**

The Cortland Youth Bureau will provide our community the opportunity to participate in a wide variety of recreational and educational programs. We will strive to provide the highest quality programs and facilities that meet the needs of the diverse communities it serves. It is our desire to combine a positive environment with a rewarding experience.

### **OUR VISION...**

We will enhance healthy and active lifestyles while connecting more people to parks, programs and youth services. We will do this through stewardship of public resources and by providing programs and spaces to fulfill unmet needs.

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#### PROGRAM REGISTRATION & FACILITY RESERVATIONS

All CYB program registration and facility reservations takes place on-line at **cortlandyb.recdesk.com**. To register or reserve a facility log on (first time users must create an account), select your program or facility and follow the steps listed on your screen. RecDesk accepts all major credit cards and is available on any PC, tablet, or smart phone. View all facility availability calendars and reserve on-line! No Internet access? Stop into our office to use our iPads.

# **CONTACT US**

#### **Youth Bureau Offices**

35 Port Watson Street Cortland, New York 13045

#### Phone

607-753-3021

#### Fax

607-753-3023

#### **Sports Hotline**

607-753-3031

#### Office Hours

Monday - Friday 8:30am - 4:30pm

#### **Youth Center**

35 Port Watson Street Cortland, New York 13045

#### Phone

607-753-3580

#### Fax

607-753-3023

#### Hours

Monday - Thursday 3:00 - 8:00pm 1st & 3rd Saturday 7:00 - 10:00pm All other Saturday's 1:00 - 5:00pm

# CYB Staff

John McNerney
Director
mcnerney@cortland.org

#### Andrea Piedigrossi, CPRP Recreation Supervisor Inclusion Specialist andrea@cortland.org

# Heather Johnson Youth Services Supervisor hjohnson@cortland.org

#### Lorie Bethel

Youth Services Specialist lbethel@cortland.org

#### Matt Marcey Youth Services Specialist marcey@cortland.org

Jessica Billings Account Clerk jbillings@cortland.org

Maintenance Staff
Dennis Gallagher
Dave Pitts
Tim Tobin
Chris Kabanuk

#### **PARENTS & PARTICIPANTS**

Our programs are provided for the fun and enjoyment of all who participate. Parents and participants are expected to exhibit appropriate behavior at all times. It is the expectation of the CYB that participants and spectators will show respect to all participants, volunteers, and staff.

#### **CYB COMMISSIONERS**

Aaron Baier Cindy Eberhart Krissy Gambitta Christella Yonta Tom Steele Andrea Tobin Gemma Reinfield Allison Veintimilla

# **FACILITY RENTALS**

Resrevations must be completed for picnic facilities, buildings, athletic fields, and the showmobile by completing the on-line reservation form. For your outdoor event, consider one of the Youth Bureau's picnic facilities:

#### YAMAN, SUGGETT, & BEAUDRY FACILITIES

- Can accommodate 100-150 people
- Equipped with tables, grills, chairs, and restrooms
- Price: \$75 for city residents, \$100 for non city residents Security deposit of \$100 required for Beaudry & Suggett

#### **DEXTER PARK, BEAUDRY PARK, YAMAN PARK CABANAS:**

• Smaller shelters. First-come, first-serve basis

# f Cortland Youth Bureau cortlandyb.recdesk.com



#### **GYM RESERVATIONS**

Located off Greenbush Street, this facility is available for recreational use, mainly basketball and volleyball. Reservations must be made on the CYB website by a responsible adult at least 21 years of age. Cost: \$30.00 for a two hour time slot. A \$25.00 key deposit is required for all gym reservations.

### **PROGRAM REGISTRATIONS**

If you would like to participate in one of our programs please register well in advance of the registration deadline. If the program has reached the maximum enrollment, your name will be placed on a waiting list. You will be notified by phone of any openings. Register on-line at cortlandyb.recdesk.com for all programs.

#### JIM PARTIGIANONI SCHOLARSHIP

Scholarships are available for participants of all ages, who, for financial reasons, would otherwise be unable to participate in CYB programs. Scholarships apply only to in-house sponsored programs, not including field trips. Interested participants should pick up a scholarship form at the CYB office.

#### **PHOTO DISCLAIMER**

Registrants and participants of programs and special events automatically permit taking photos and videos of themselves and their children during CYB activities for the publication in the program brochure, website, social media, and additional promotional users as the CYB deems necessary.

PARK	BASKETBALL	TENNIS
BEAUDRY Scammell St	2 courts	None
DEXTER Elm St	1 court	2 courts
RANDALL Randall St	1/2 court	4 courts
SUGGETT Homer Ave	2 courts	none
COURT HOUSE Church St	none	none
YAMAN Kennedy Pkwy	1/2 court	none

# AQUATICS

### **WICKWIRE POOL & YAMAN BEACH**

Children under the age of 8 must be accompanied by someone 18 years of age or older. If there is a child 8 years or older that is not able to act appropriately without an adult, that child will be asked to leave and may only return with adult supervision. The lifequards at each facility have the primary responsibility of making sure those that are in the water are safe and should not be distracted for any reason that is not an emergency. There will always be a lifequard or other staff members in the guard room area for non emergency situations.

#### **WEATHER POLICY**

Wickwire Pool and Yaman Beach will close immediately at the sound of thunder or the sight of lightning. The facilities will remain closed for 30 minutes after the last sounds of thunder or the sight of lightning. The facility will also close in the event of heavy rain which might impede the lifequards sight of the swimmers.

### YAMAN BEACH

**May 26 - August 19** 11:00am - 7:00pm Daily

June 16 - August 19 12:00pm - 7:00pm Daily

**WICKWIRE POOL** 

#### **SWIM DIAPER POLICY**

potty trained must wear an approved the cancellation of your swimming to have your child visit the restroom water exercise only. periodically throughout your swim time.

#### **EARLY BIRD LAP SWIM**

early risers to participate in our swim diaper while swimming in our 6:00am to 8:00am session. The fee facility. To avoid pool closure and/or to participate is \$30.00 for a season pass. All participants must register lesson or program, please remember at the CYB website. Lap swim and

#### LIFEGUARDS WANTED!

Any child that is not completely In addition to our new pool we invite Stop by the CYB office today to pick up an application or get one on our website cortlandyb.recdesk.com. Applicants must have American Red Cross lifeguard training or equivalent, and be First Aid training and CPR certified.

#### **ADULT SWIM AT WICKWIRE POOL**

Adults are invited to come out and exercise while enjoying the refreshing pool. Lap swimming will be offered Monday's and Wednesday's from 7:00pm to 8:00pm beginning Monday, June 18th until August 15th. There is a minimum of 5 participants required for this program to be offered on a consistent basis. No children under the age of 18 will be allowed in the facility during the adult swimming period.



#### **EVENING AQUATICS AT WICKWIRE POOL**

Various aquatic activities have been scheduled for June 25th through August 19th from 7:00pm to 8:00pm.

- Monday's & Wednesday's: Adult swim
- Tuesday's, Saturday's & Sunday's: Pool rental availability
- Thursday's: Lifeguard training
- Friday's: Family swim

#### **LAP SWIM LANES**

Lap swimming is a great low impact exercise for swimmers of all ages. Wickwire Pool will offer two lap swim only lanes during all open swim hours. The best time to avoid the crowd is at noon or after 5:00pm.

#### DAY CAMP ONLY HOURS

In 2017, the new and improved Wickwire Pool saw a record number of camps utilizing the facility. In 2018 we will offer swim time for camp children only, Monday through Friday, according to the following dates and times. Camps can contact the CYB to register your organization.

June 25th through July 6th and July 30th through August 17th 10:15am to 11:30am

# **COMING THIS SUMMER TO SUGGETT PARK!**



#### **RED CROSS LEARN TO SWIM** LESSONS

The Cortland Red Cross Chapter will offer free swim lessons at Wickwire Pool from July 9th to July 27th. Registration will take place on-line at cortlandyb.recdesk.com from April 1st until July 11th, or until 150 youth have registered. The learn-toswim participants must be ages 7-17 as of 12/31/18.

Red Cross is seeking volunteers for the program, if interested complete a volunteer application available at the CYB office.

9:30am - 10:25am	Level 2B
9:30am - 11:00am	Level 5 & 6
10:30am - 11:30am	Level 1, 2A, 3 & 4

#### **WATER POLO**

Are you a strong swimmer? Join a group of community members at Wickwire Pool for an informal game of water polo. Bring your suit and competitive spirit to the pool on Saturday mornings; July 7th, July 21st, August 4th, and August 11<sup>th</sup> from 8:00am-9:00am.

#### INCLUSIVE ADULT RECREATION FITNESS SWIM

Wickwire Pool will offer pool time dedicated only to those adults who are looking for an opportunity to participate in self-led water exercise, excluding lap swimming. If you are a senior citizen, or have mobility limitations or a developmental disability, and visiting Wickwire Pool during peak hours or Adult Lap swim time is not a comfortable option, this program is for you! Pool noddles, kick-boards and the pool lift chair will be available. The program will be free of charge, no registration required, from 8:00am to 9:00am Monday through Friday, from July 2<sup>nd</sup> to August 17<sup>th</sup>. This program is made possible with funding through NYS Local Impact and Seven Vallevs Health Coalition.





# **PARKS & PLAYGROUNDS**

### **BEAUDRY, SUGGETT, YAMAN, DEXTER & COURTHOUSE**

Playground buildings at Beaudry, Suggett, and Dexter Parks will be open Monday through Friday from June 25 until August 17. The park buildings are open to youth ages 7 through 14. Each building has a ping-pong, fooseball, and pool table. There are also various board games and craft supplies to use. Every park building is supervised by a Park Leader who prepares daily activities. Participants are free to come and go as they please throughout the day. PLEASE NOTE: children under 7 years old must be with an adult 18 years or older.



#### **SUMMER ARTS & CRAFTS**

Head over to the Rotary Shelter for Arts & Crafts on Monday and Thursday afternoons at 1:30pm to create tie-dye shirts, canvas paintings, pottery, and much more! Check out the schedule of crafts in the park buildings and our Facebook page. Space is limited so please arrive on time. Arts & Crafts will begin on July 9<sup>th</sup> and run until August 10<sup>th</sup>. No registration needed!

#### **MOVIE UNDER THE STARS**

Wednesday nights throughout the summer at Courthouse Park starting at dusk. Movie showings and dates will be posted on the CYB website and Facebook page.

#### **SUMMER CONCERT SERIES**

Thursday nights throughout the summer at Courthouse Park at 7:00pm. Bring a lawn chair or blanket and enjoy the music! Bands will be posted on our website.

#### **ARTS, PARKS & BOOKS**

Tuesday's in July at Courthouse Park. Check our Facebook and website for a performers schedule.

# FIRE FIGHTER CAMP

Experience what firefighters experience every day!

July 25 & 26 at Suggett Park
Check our Facebook page for upcoming registration & event details.

# cortlandyb.recdesk.com Facebook: Cortland Youth Bureau

for program information and updates

# PLEASE PARDON OUR MESS...

Playground renovations will be taking place at Suggett and Beaudry Parks this spring. Check out our Facebook page for updates on our progress and photos of the projects!

#### FIRE DEPARTMENT DEMO'S:

Come and sit in the driver's seat of one of Cortland's Fire Trucks! Fire department demonstrations with the CFD are as follows:

Park	Date	Time
Beaudry	July 11	11:00am
Dexter	July 18	11:00am
Suggett	August 1	11:00am

#### POLICE DEPARTMENT DEMO'S

Meet McGruff the Crime Dog, K9 Rush and K9 Lummel and take a bite out of crime! A few of their fellow officers from the CPD will also come and discuss bike rules and helmet safety.

Park	Date	Time
Suggett	July 12	11:00am
Beaudry	July 19	11:00am
Dexter	August 2	11:00am



# KLONDIKE HUNT GO FOR THE GOLD!

Friday, July 13<sup>th</sup> at Suggett Park Check our Facebook page for upcoming registration & event details.

#### **SKATE PARK**

Our outdoor skate park facility is located at Yaman Park. Skateboards, in-line skates, and 20 inch bikes are allowed in the park. Helmets and a parent waiver is required to use the facility. Elbow and knee pads are strongly encouraged. Youth under 18 years must have a parent waiver signed each year. The skate park will be closed due to any unsafe weather and surface conditions. Visit our website to download the waiver: cortlandyb.recdesk.com.

**Spring Hours:** April 21<sup>st</sup> - June 24<sup>th</sup> 1:00pm - 7:00pm, weekends only.

**Summer Hours:** June 25<sup>th</sup> - September 2<sup>nd</sup> 1:00pm - 7:00pm, daily.

**Fall Hours:** September 8<sup>th</sup> - October 7<sup>th</sup> 1:00pm - 7:00pm, weekends only.

#### **ARTS & CRAFTS CAMP**

Molly Andrejko is cooking up tons of art projects for our second Art Camp this summer! Painting on canvases, "Drawing Bootcamp," fabric dyeing, mystical creatures, portraits, "art in the kitchen," and a shaving cream slip-and-slide... just to name a few! We'll be walking about town for artistic inspiration and natural materials, swimming at Wickwire Pool to cool off, goofing around with games, hands-on activities, learning, and art, art, art! Art camp will be held for two weeks this year! June  $25^{th}$  - $29^{th}$  and July  $2^{nd}$  -  $6^{th}$  (no camp on July  $4^{th}$ ). Register on our website before June  $1^{st}$ . Campers grades  $1^{st}$ - $12^{th}$ !

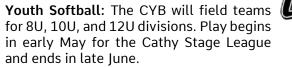
# **SPORTS LEAGUES**

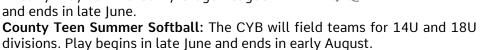
# **Youth & Adult Summer Leagues**

#### YOUTH SOFTBALL & SUMMER COUNTY TEEN SOFTBALL

The CYB softball program is part of the Cathy Stage and Cortland County softball leagues. All teams that play in the Cathy Stage and County leagues

abide by the league's local rules and play against local townships. These leagues provide an opportunity for participants to learn the basic fundamentals, play organized games and to have fun playing softball.







Crown City Little League's opening day for the 2018 season is scheduled for Saturday, April 28. Visit the league's website at www.crowncityll.com for current news, updated team rosters, game recaps, great photographs and much more! Show your support of the league and it's nearly 275 young athletes by becoming a league sponsor or volunteering for a shift at our concession stand. Other volunteer opportunities include coaching, being a team parent and more. Paid umpiring opportunities for young adults ages 13 and over are available. Be sure to join us for our annual SUNDAY FUNDAY in June that includes a hit-a-thon, coach dunking booth, door prizes and different bounce houses. Money raised helps to offset the cost of player clinics, uniforms, new team equipment and other league operating costs.



#### **BABE RUTH BASEBALL**

Cortland Baseball Club will field two teams in the Onondaga Babe Ruth baseball league this summer. Teams will be formed for the following divisions: 13-15 year olds and 16-18 year olds. Tryouts will be conducted by the Cortland Baseball Club for both teams during the late spring. For more details about the try out sessions contact the CYB office.

#### IR. TIGER BASEBALL CAMP

This two week baseball camp runs from July 2<sup>nd</sup> to July 5<sup>th</sup> and July 16<sup>th</sup> to July 19th. The camp will be held at Testa Park and will run from 9:00am-12:00pm. Players should bring a snack each day. The CHS baseball staff along with local college and high school players will teach this camp. The camps will provide players ages 6-12 with a chance to improve their baseball skills in a relaxed. enjoyable setting. The cost for this program is \$80 per child and \$150 for two weeks with a camp t-shirt included. Registration will begin May 1st at cortlandyb.recdesk.com. If you have any questions, contact CHS Varsity Baseball Coach Ben Albright at balbright@cortlandschools.org.

#### **DICK FINN OLD TIMERS**

The Cortland Men's Fast Pitch Softball Association will hold an Old Timers game on Wednesday, July 18th at 6:00pm. Meldrim Field plans to host the game which will feature players from the Men's League squaring off against the Old Timers. Any old timers wishing to play can contact the game organizer, Mike Dexter, at 753-0456. Spectators are encouraged to take part in the fun by joining players who started softball in our city.

#### CC SELECT SOCCER CAMP

This soccer camp will be the favorite part of your summer! If you are entering grades 1st-9th register by the June 8th deadline. This camp takes place between 8:30am-11:30am from Monday, June 25 to Thursday, June 28. The camp will be held at Testa Park. The cost to participate is \$75. Visit tinyurl.com/y6wa5dlw for a printable registration form; or register on-line at: tinyurl.com/ ydhy6fkf. For additional information call Ilona Ryon at 758-4180 or email: ccselectsoccer@gmail.com.

#### SUMMER BASKETBALL LEAGUES

League	Ages	Registration	Dates	Price
Jr. High Boys	Entering grades 7-8 in the fall of 2018	April 9 <sup>th</sup> to May 18 <sup>th</sup> register online	Monday's 6/25 to 8/03	\$200 per team
JV HS Girls	Entering grades 8-10 in the fall of 2018	April 9 <sup>th</sup> to May 18 <sup>th</sup> register online	Monday's & Wednesday's 6/25 to 8/03	\$250 city team, \$300 out of city
HS Girls	Entering grades 9-12 in the fall of 2018	April 9 <sup>th</sup> to May 18 <sup>th</sup> register online	Tuesday's & Thursday's 6/26 to 8/03	\$250 city team, \$300 out of city
HS Boys	Entering grades 9-12 in the fall of 2018	April 9 <sup>th</sup> to May 18 <sup>th</sup> register online	Monday's & Wednesday's 6/25 to 8/03	\$250 city team, \$300 out of city
Men's Post High School	High School Graduate	April 9 <sup>th</sup> to May 18 <sup>th</sup> register online	Monday's & Wednesday's 6/25 to 8/03	\$300 city team, \$350 out of city

#### **TENNIS LESSONS**

The CYB's tennis lessons focus on the basic skills, strategies, scoring, rules, and court etiquette. Students will be divided into appropriate ability groups and introduced to the game of tennis by using drills, instruction, and skill oriented games. Lessons will be held at our newly upgraded Dexter Park tennis courts, off of River Street. The cost for each two-week session is \$30 for city residents, \$40 for non city residents. Our two week lessons will be held according to the following schedule:

7-11 year olds	9:00am - 10:00am
12-16 year olds	10:15am-11:15am

Session 1 will be held from July 9th to July 20th Session 2 will be held from July 23rd to August 3rd Register on-line from May 1st until June 29th

#### SCOTTS PITCH, HIT, AND RUN

Major League Baseball has teamed up with the CYB to offer local youth the opportunity to showcase their skills. Boys & Girls ages 7-14 are welcome to participate in a baseball and softball skills competition to be held on Sunday, May 6<sup>th</sup> at Testa Park. Registration begins at 12:30pm, while the competition

will begin at 1:00pm. The youngsters will be rated on three fundamental skills: batting, pitching, and base running. The local champions will advance to the CNY Regional Competitions. Top performers from the region become eligible to advance to the next Competitions. Top performers from the level of competition, which will be hosted by all MLB teams. The National Finals will be held during the All-Star week in Washington, DC at Nationals Park. The CHS baseball team will be facilitating this contest.



#### **CCYSA SUMMER SOCCER**

The Cortland County Youth Soccer Association (CCYSA) is offering an instructional/recreational league designed for introducing and developing soccer skills. Seperate boys and girls divisions are available. For registration information check out the CCYSA website at www. ccysasoccer.org.

# **NEW FOR**

#### **CORTLAND YOUTH FOOTBALL**

Our youth football program will change this fall as we join the Youth Football League (YFL). The travel football league has multiple divisions and requires registration to be held via RecDesk in May-June. Practice sessions will start in mid-August. Check our website and Facebook page for registration program details in early May. Sames will be held on weekends in September and October at various sites in CNY.



#### **ULA SUMMER LEAGUE**

The Upstate Lacrosse Association (ULA) is one of the largest youth lacrosse leagues in the United States. The league provides an excellent opportunity for its youth to learn and develop their skills, play organized competitive games and have fun playing lacrosse with their peers. There will be a four week registration period from February 5<sup>th</sup> until March 23<sup>rd</sup> on our website: cortlandyb.recdesk.com. The Home-Cort Youth Lacrosse Association will be fielding teams for boys and girls in each of the following divisions: 3rd & 4th, 5<sup>th</sup> & 6<sup>th</sup>, and 7<sup>th</sup> & 8<sup>th</sup>. Preseason practices start in early May.

#### **ULA OPENING WEEKEND**

HCYLA teams will participate in the Shane Lynch Memorial Opening Weekend in Auburn, NY. Opening Weekend will be held Friday, June 16th and Saturday, June 17th. Home-Cort teams will play two games on the same day. For more information on Opening Weekend visit upstatelaxassociation.org.

#### LITTLE STICKS LACROSSE

Home-Cort Youth Lacrosse Association (HCYLA) will sponsor a youth lacrosse program targeting boys in 1st and 2nd grade as of June 1, 2018. The instructional program will introduce players to the basic fundamentals of the game. There will be a major emphasis on having fun and playing lacrosse with their peers. Players must provide their own sticks and mouthpieces. Players are also encouraged to purchase their own equipment. The HCYLA will provide helmets, gloves, and shoulder pads while supplies last. Practices will be held on Tuesday's and Thursday's, June 19th to July 26th from 6:00-7:00pm. Register at our website from April 2<sup>nd</sup> to June 8<sup>th</sup>.

#### **ADULT SOFTBALL LEAGUES**

The 2018 softball season starts play in early May and concludes with playoffs in August. Individuals or teams interested in participating in City leagues can contact our office for league information and registration policies. League organizational meetings are held during the months of March and April. Games are played at City and Cortlandville parks in the evenings, multiple days a week.

All players must register on-line before competing in a game.

<u>League</u>	<u>Night</u>
Men's Slow Pitch	Tue, Thur, Fri
Women's Slow Pitch	Wednesday
Co-Ed Church	Monday
Men's Over 35	Sunday
Partigianoni Co-Ed	Saturday

# **YOUTH & FAMILY**

# **Special Events & Programs**

#### SUMMER DRAMA PROGRAM

The summer drama program is Come out and enjoy an exciting, held in the CHS auditorium.

#### FISHING DERBY

designed to offer students of all ages fun-filled day outdoors and get the chance to take part in a theatrical hooked on fishing! Youngsters 15 production with many opportunities and younger are invited to test for acting, singing, dancing, their fishing skills and win valuable technical work and leadership roles. prizes at the annual fishing derby Auditions for all summer program sponsored by the CYB, Izaak Walton shows will be held at Cortland High League, and the Cortland County School in the auditorium. Audition Federation of Sportsman. Stop out to egg in each section for a new scooter packets and sign up will be available Durkee Pond on Route 11 in Homer at the CYB office the week of June on Saturday, June 2<sup>nd</sup> from 8:30am to 4th. The fee is \$20 per show, with 11:00am. Participants can register a maximum of \$60 per family per throughout the derby. There will be show. Elementary and middle school three divisions 8 and under, 11 and fees are due at the time of auditions. under, and 15 and under and prizes Rehearsals and productions will be will be awarded for the longest fish in each division.

#### **EASTER EGG HUNT**

The CYB and the Easter Bunny will host this year's Egg Hunt at Suggett Park on Saturday, March 24th at 10:00am. Any youth up to and including 10 are welcome to join the hunt. Suggett Park will be split into sections for children of different age groups. There will be a grand prize or bike! Hunters should bring their own baskets. Visit the Easter Bunny, have your face painted, and enjoy the pony rides. This event is cosponsored by CAPCO and the YMCA. Raindate: Sunday, March 25th, 2:00pm. Check our Facebook page for a map of the area.

#### COMMONGROUND COMMUNITY GARDEN

The City of Cortland CommonGround Community Garden is offering local residents a chance to sign up for a garden plot. Gardening season plots will be available starting May 2018, but individuals and families are encouraged to register starting in March. Fees for the garden plot range from \$16 to \$32, depending on size. Residents who wish to secure a garden plot can find more information about rules and expectations on our website.

# PLEASE PARDON OUR MESS...

Playground renovations will be taking place at Suggett and Beaudry Parks this spring. Check out our Facebook page for updates on our progress and photos of the projects!



#### **BEAUDRY PARK**

The Beaudry playground will see a complete renovation this spring. The existing playground equipment will be removed and new equipment will be consolidated into one area at Beaudry, instead of the current layout spead throughout the park.

The new Beaudry playground will include a 3 level space ship complete with slides, play panels, climbers, and a new swing set. The swing set will have a therapeutic swing, generational swing, and both toddler and belt swings.



#### **SUGGETT PARK** 100% ACCESSIBLE PLAYGROUND

Suggett Park will be the first completely accessible playground in Cortland County. The playground will be surrounded by poured in place rubber allowing those who use wheelchairs or walkers to easily navigate the playground. Ramps will lead up to the structure allowing everyone to play together.

The playground will include numerous inclusive features such as sensory panels, an inclusive glider, therapeutic swings, an accelerator swing, a generational swing, and much more!

# **YOUTH SERVICES**

# Youth Center Programs, Field Trips & More!

The Youth Services division of the Cortland Youth Bureau promotes positive youth development by providing recreational, cultural, and educational opportunities for teens and pre-teens. Staff members also offer informal counseling and referrals to other service agencies in the community. Overall, the multi-faceted program encourages kids to engage in productive behaviors, establish healthy beliefs, and maintain clear standards for themselves and their peers. This holistic approach to youth development helps our young people build the assets they need to carry them into adulthood.

Located in downtown Cortland at 35 Port Watson Street, the Youth Center offers a huge variety of programs and events for young people: field trips, game tournaments, tutoring, quest speakers, music lessons, artwork, craft projects, cooking classes, free dinners, job-search assistance, volunteer opportunities, and more. The facility itself is equipped with pool, ping-pong, and foosball tables; a full kitchen; a music room with guitars, amps, and a full drumkit; a sound stage and DJ booth; and closets full of board games and craft supplies. There are always responsible, caring staff members on the premises to play games with you, help with your homework, or connect you with other service agencies if you need them. For more information, give the Center staff a call at 753-3580.

#### **AGE REQUIREMENTS**

The Youth Center welcomes 11 and 12 year olds or those in 5<sup>th</sup> and 6<sup>th</sup> grades to attend from 3:00 to 6:00pm. Those age 13-18 or in the 7<sup>th</sup> through 12<sup>th</sup> grades are welcome to attend the Center during all open hours.

#### YOUTH CENTER HOURS

Monday through Thursday:
3:00pm to 8:00pm
Friday's: 3:00pm to 9:00pm
Saturday's:
1st & 3rd of the month:
7:00pm to 10:00pm
All other Saturday's: 1:00pm
to 5:00pm

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#### YOUTH ENTREPRENEURSHIP

Join us this year as we continue to launch our successful entrepreneurship program. Together we'll visit and interview successful business owners from our region. Local artists and crafts people will offer workshops at the Youth Center. Participants will have the opportunity to learn all facets of beginning and running a successful business. If you're an artist or business owner who would like to collaborate please contact Erica at the Youth Center.

#### YOUTH CENTER GARDEN

Our Community Garden now located at Beaudry Park is in its 8<sup>th</sup> year. There is plenty to do all year, to learn how you can get involved contact the Center.

#### WE ARE HERE FOR EVERYONE

All of the Youth Services programs and activities can accommodate people with special needs. Staff members are prepared to offer extra assistance if needed. On field trips, every effort will be made to include all youths in activities, and open spots can be added to accommodate a trained professional assistant or caseworker. Parents should feel free to discuss their child's needs with Youth Center staff members.

#### YOUTH CENTER OPPORTUNITIES

Our staff work hard to ensure that we offer something for everyone at the Youth Center. Many of the ideas for our programs come from teens and their parents. If you have an idea of a program or event that you would like to see offered in Cortland please share it with us. We strive to offer relevant and exciting programming for all youth in our community.



# CORTLAND YOUTH CENTER CORTLAND YOUTH BUREAU

#### **CORTLAND PROM CLOSET**

Prom season is just around the corner. The CYB Youth Center is proud to announce that we are continuing our immensely successful prom dress collection and donation effort. Gowns are available for students with a valid high school ID. Community members interested in donating formal wear or accessories can drop items off during regular business hours at the CYB main office or the CYB Youth Center. We thank local community member and businesses for their generous donations to this program. To donate to the program or to setup an appointment to select a dress for an upcoming semi-formal or formal event contact 753-3021.

A Special Thank you to the New York State Office of Children & Family Services for helping sponsor the Youth Services Division.

#### **SATURDAY BAND NIGHTS**

There's nothing like live music, and its here at the Youth Center once a month. Our performers include metal and punk bands, classic rock cover bands, solo acoustic artists, and everything in between. Doors open at 7pm; admission at only \$3.00. Band nights are open to teens only; a parent or legal guardian must accompany anyone under 13. During the show, all the usual Youth Center fun – pool, foosball, etc. – is still available. Dates of the scheduled band nights will be posted on our monthly calendar.

Many of our program and field trip expenses are paid for with chicken BBQ fund raisers, held right here in the CYB parking lot on certain Saturday mornings in the spring and early summer. The chicken is usually done and ready to purchase



#### **MUSIC LESSONS**

Would you like to learn to play the guitar, bass, or drums? Two professional musicians, Sean Tuohy and Sloane Treat provide weekly half-hour lessons in the fully equipped music room. Reduced rates are available for students that are income eligible. Donations of working stereo equipment and instruments are welcome, as well as monetary contributions for student scholarships. The band room is available upon request for youth bands to rehearse.

#### YOUTH INTERNSHIP PROGRAM

The Youth Center offers a paid 4-month internship program to kids 14 and older. The position involves field trip planning, in-house programming, event coordination, clerical tasks, and general assistance with daily operational chores. Everyone who applies will be interviewed (applicants 17 and under must have their working papers). The next internship session will begin in October, 2018. Applications will be available at the Center early in September.

#### YOUTH CENTER KITCHEN

If you like to cook (or if you just like to eat), then stop by the Youth Center on weeknights around supper time. Two or three times a week, we cook up a full dinner for all to enjoy. The meals are always free. Kids are welcome to help with the cooking under the supervision of staff. We also offer periodic cooking classes and theme nights, so keep your eye on the calendar.

#### **VOLUNTEER INCENTIVE PROGRAM**

Youth who do community service or help with tasks at the Youth Center can turn their time into money not cash, but discounts on the Center's field trip and program fees. For every hour a youth spends volunteering, the Center will take \$4 off the price of a field trip or program. Kids can use their service credits immediately or save them up for later use. Credits earned and used are recorded in a logbook. For those interested in earning credits around town, a handy guide is available which lists the contact information for local agencies and businesses in need of volunteers.

#### SPRINGTIME CHICKEN BBQ

Many of our program and field trip expenses are paid for with chicken BBQ fund raisers, held right here in the CYB parking lot on certain Saturday mornings in the spring and early summer. The chicken is usually done and ready to purchase by 10:30am, and we keep cooking until it's gone. Health Department guidelines are strictly followed at our BBQ's, and the price is always right. Dates to be announced. The Youth Center kids and staff thank the community for all the years of supporting our chicken BBQ fundraisers.

#### **GIRLS GROUP**

Girls Group is focused on giving young girls in our community the tools to better their lives. The group meets biweekly and involves topics that are relevant to the lives of local girls while also participating in crafts and activities. We feel that this peer to peer mentoring approach along with fun activities, grants the opportunity for girls to express themselves in an environment that they can feel comfortable in. Check the teen center calendar for day and times

#### **SPRING BREAK FIELD TRIPS**

During the week of April 23 through April 27, the Youth Center will take several day-long field trips. We will visit the Corning Museum of Glass, the Baseball Hall of Fame, and Howe Caverns. Dates, times, and prices will be announced on our Facebook and at the Youth Center. Field trips are open to kids age 13 to 18, or in 7th through 12th grades.

## BORROW AN INSTRUMENT FOR FREE

The Cortland Youth Center provides this program to loan out musical instruments for a 3-month period for FREE. We currently have guitars, amps and electric keyboards. This program allows each student to not only learn the instrument but also decide if he/she would like to pursue playing it before actually purchasing one!

# **YOUTH CENTER**

# **Summer Field Trips**

### WHITEWATER **RAFTING**

Join us for a day of rafting in the Pocono Mountains of Pennsylvania in Lehigh Gorge State Park. The cost includes the rafting fee, lunch, and dinner.

Trip Date: June 27th Depart YC: 8:00am Return to YC: 10:00pm

Cost: \$35

Register by: June 20th

## **THOUSAND ISLANDS WELLESLEY ISLAND STATE**

The 1,000 Island region of NYS is world famous for its natural beauty. Join us for a full day of fishing, boat-touring, and sight-seeing. The cost includes a picnic lunch, admission to the Antique Boat Museum in Clayton, admission to the Wellesley Island Nature Center, and dinner on the way home. Kids 16 and over must have a current NYS fishing license if they plan to fish. The YC has plenty of gear for those who don't have their own.

Trip Date: July 25<sup>th</sup> Depart YC: 8:30am Return to YC: 10:00pm Cost: \$25 Register by: July 18th



#### DARIEN LAKE

Experience a day of fun as we venture to Darien Lake. Enjoy rides such as The Ride of Steel, Blast off, and the newest roller coaster, The Tantrum. Bring your swimwear and also enjoy water rides like The Rip Curl and Swirl City Slide Complex. Lockers are available but require a small fee. Be sure to bring a bag lunch or money to purchase food, dinner is provided.

Trip Date: July 11th Depart YC: 8:00am Return to YC: 10:00pm Cost: \$35

Register by: July 3rd

### **SEABREEZE**

Join us for a fun filled day at Seabreeze. Come and dare to try the REVOLUTION 360 or the classic Jack SACKET'S Rabbit roller coaster. Enjoy water rides such as The Hydro Racer and The Lazy River. Lockers are available but require a small fee. Please make sure to bring a bag lunch or money to purchase lunch at the park, dinner is provided.

Trip Date: August 1st Depart YC: 9:00am Return to YC: 9:00pm Cost: \$35

Register by: July 25th

### **ENCHANTED FOREST WATER SAFARI**

Join us at one of NYS's best water parks! The cost includes admission to the park and dinner on the way home. Trip goers should plan on packing or buying lunch. Changing rooms and lockers are available at the park (locker cost is not included in trip fee).

Trip Date: July 18th Depart YC: 8:00am Return to YC: 10:00pm

Cost: \$25

Register by: July 11th

# **HARBOR AND WESTCOTT BEACH STATE PARK**

Join us for a day in historic Sacket's Harbor. We will visit attractions such as The Sacket's Harbor Visitor Center, The Pickering Beach Museum, as well as the historic Battlefield. Each site will explore the rich history of the area and its connections to the War of 1812. Bring your swimwear and sneakers to enjoy some fun in the sun and hiking as we head to the Westcott Beach State Park. A picnic lunch and dinner will be provided.

Trip Date: August 8th Depart YC: 8:00am Return to YC: 9:00pm Cost: \$25 Register by: August 1st

# **SCHOOL'S OUT! POWER UP FOR SUMMER FUN!**

Did you know there will be free breakfast and lunch available in Cortland County for your kids and teens this summer?

> Call 1-866-348-6479 Text "Summer Meals" to 97779 or Visit www.fns.usda.gov/summerfoodrocks to find a site near you!

> > No cost or enrollment required. Open to all children under 18.

#### YMCA SUMMER DAY CAMP

Give your Pre-Kindergarten through 6th grader the ultimate day camp experience this summer at the YMCA. YMCA Summer Camp is running all 10 weeks of summer, from when school ends to school begins! The YMCA will provide a safe, fun, and active venue for your child. Swimming lessons, rock climbing and visits to local parks will highlight summer camp, with even off-site field trips planned as well! Your child will learn the key values of the YMCA of Caring, Honesty, Respect and Responsibility while they are enrolled in camp. Registration is now open at the YMCA, 22 Tompkins Street and online at www.cortlandymca.org. We are offering great early bird sign up discounts!

#### **BORG WARNER RACE SERIES**

Come and Run with the YMCA and 2018 race series Sponsor Borg Warner this year! The Borg Warner/ YMCA Race series is a 5K race series around the Cortland area. The first race begins with the Spring 5K run by Tompkins Trust, Saturday April 21st kicking off Healthy Kids Day! Registration available online at www.cortlandymca.org. Remaining races during the spring and summer include the Mother's Day and Father's Day Runs, with the races kicking back in full this fall. Race Dates: 4/21, 5/12, 6/16, 9/22, and 11/22. 9:00am starts.

#### LIGHTS, CAMERA, ACTION- STARS OF THE YWCA

Join us June 25th through August 24th as we roll out the red carpet for an award winning summer of action at the YWCA! For nine weeks children will engage and play in action packed activities inspired by individuals who have won on the world's biggest stages. Some favorites being: Gold Medalists of the Olympics, Grammy Award winning musicians, Broadway's biggest hits and our countries most inspirational role models.

Camp opens at 6:30am and runs until 6:00pm Monday through Friday. Fridays are our field trip days where we travel to the Rosemond Gifford Zoo, Camp Casowasco, Skate Estate, NY State Parks and more! Snacks & lunch provided and campers will swim daily! Space is limited with two sites available. First come, first serve. Enrollment will open early April. For more information, please contact Janice Meyer at 753-9651. See you this Summer!



#### **HOME GAME SCHEDULE**

June 1 vs. Syracuse Spartans June 3 vs. Onondaga Flames June 6 vs. Hornell Dodgers June 13 vs. Syracuse Salt Cats June 15 vs. Onondaga Flames June 16 vs. Syracuse Salt Cats June 17 vs. Sherrill Silversmiths June 20 vs. Niagara Power June 23 vs. Rome Generals June 27 vs. Genesee Rapids June 29 vs. Sherrill Silversmiths July 1 vs. Syracuse Spartans July 4 vs. Syracuse Spartans July 5 vs. Syracuse Salt Cats July 6 vs. Sherrill Silversmiths July 8 vs. Syracuse Salt Cats July 11 vs. Syracuse Spartans July 12 vs. Rome Generals July 16 vs. Rome Generals July 20 vs. Rome Generals July 22 vs. Onondaga Flames

#### cortlandcrushbaseball.com for field location and game times



#### **PORCHFEST**

PorchFest Cortland will be held Sunday, August 19th 12:00pm to 6:00 pm in the Van Hoesen Street Neighborhood. Enjoy live music, dance, storytelling, and family activities. Freewill donations benefit the Cortland Youth Bureau Music Program and a Suggett Park playground initiative. For more information visit the 'PorchFest Cortland' Facebook page.